



## Instructions to increase the visibility of the article:

### **Title**

- The maximum length of the article title should be 140 characters.
- The title should contain 1 or 2 keywords.
- One of the keywords should be used within the first 65 characters of the title.

### **Abstract**

- Ensure that the essential findings and keywords are included in the first two sentences of your abstract.
- The keywords should be repeated 4-7 times in the abstract.
- The unnecessary usage of the keywords in the abstract should be avoided.
- The use of keywords should appear natural both in the abstract and throughout the text.

### **Keywords**

- All keywords should be chosen from MeSH.
- The keywords should consist of phrases, and single-word usages should be avoided.